

If you are uncertain not knowing your next steps and lacking energy to know where to start, you could be experiencing a burnout...

Get ready to be part
of a RESET.



Tapping into your own creativity can help to switch your situation and visualize yourself achieving personal or professional growth.

Our RESET Experience is for those who need a break and want to try out new activities to get their life back on track or start a new one.

+60 hours of activities in 3 weeks that will help you to get back to your center and ignite your creative thinking.

 Florence, Italy



WHAT TO EXPECT?

The opportunity to reboot your entire system and recover your well-being to choose your path based on a more clear, balanced and coherent state of mind.

CATEGORIES

Dive into the world of the Arts and its secrets around their big impact in times of the Renaissance in Italy.



Italian Culture &
Field trips to Tuscan
Medieval towns



Artistic Practice



“Mamma Mía!”
Light cooking
lessons



Nature & Movement



Art Therapy



(OPTIONAL)
Ceramics
Piano
Woodmaking



(OPTIONAL +2 DAY - VISIT)

ROME

Visit the heart of the most important
western empire of all times





MORE INFORMATION

Accommodation is not included. Check some recommendations in our website or use the lodging platforms of your preference.

Maximum group capacity: 6 people.

You can do this solo, with a companion or in a group.

If interested in a specific project for you, your company or teamwork, we can tailor an ad-hoc experience according to your needs.

CONTACT ME

WALK YOUR WAY!

ADRIANA HERRASTI COQUI

FOR MORE INFORMATION VISIT:
www.mywayexperiences.com

Price starts from €2,700



Yes, I want to
schedule an online
chat to live this
EXPERIENCE!

