

You may feel you are qualified to start up that project or pursue a career change, but you are stuck. Or you want to reshape either your personal or professional life.

Get ready to open your wings and welcome what is coming into your life.

Our RENAISSANCE Experience is for those who are ready to be reborn and open to new possibilities. It might be reinvention, starting a new phase in your life or launching a new project.

+50 hours of activities in 9 days that can boost your creative thinking.

📍 Florence, Italy



WHAT TO EXPECT?

A set of activities that can bring some clarity to put together your missing pieces and nurture your self-confidence in a state of coherence and well-being.

CATEGORIES

Dive into the world of the Arts and its secrets around their big impact in times of the Renaissance in Italy.

The Arts practice is done from a simple perspective, no previous training required.



Italian Culture

History of Florence and
Art History
Field Trip: Lucca



Art Practice

Fresco and
Gold Leaf



“Mamma Mía!”

Cooking class



Nature & Movement

Nordic Walking
(easy - medium trail)



Art Therapy

One session



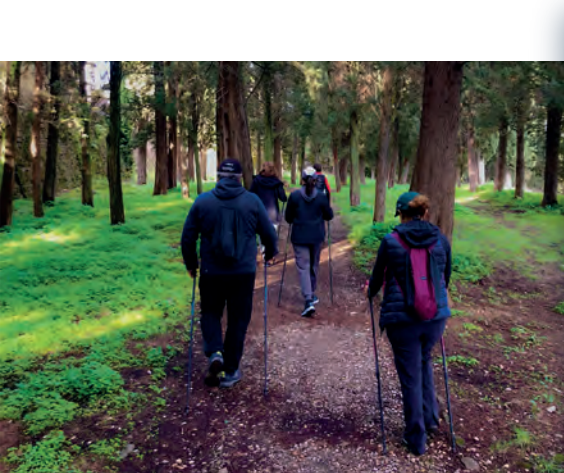
Wine tasting to
celebrate!



(OPTIONAL +2 DAY - VISIT)

ROME

Walking city tour into the heart of the most
important western empire of all times





MORE INFORMATION

Accommodation is not included. Check some recommendations in our website or use the lodging platforms of your preference.

Maximum group capacity: 9 people.

You can do this solo, with a companion or in a group.

If interested in a specific project for you, your company or teamwork, we can tailor an ad-hoc experience according to your needs.

CONTACT ME

WALK YOUR WAY!

ADRIANA HERRASTI COQUI

FOR MORE INFORMATION VISIT:
www.mywayexperiences.com

All lessons are in English

Ages: 36 - 99

Price starts from €2,400



Yes, I want to
schedule an Online
Chat to be part of the
EXPERIENCE!

  [mywayxp](https://www.mywayxp.com)

 **MY WAY**
EXPERIENCES