

# RESET EXPERIENCE

Would you like to get your life back on track or initiate a new chapter?

**Give yourself a break** to slow down and learn how The **Tuscan Lifestyle** can help you to reboot your system while you recover back your energy.

## Get back to your Center

60+ hours  
of activities

in  
18 days

 Florence, Italy

## STEP INTO IT

This is an opportunity to slow down and see things from another perspective. Then you can continue walking your path in a more grounded and coherent way.

No previous experience is required for any of our activities.



# CATEGORIES

Let the Florentines take care of you in the Tuscan Way



## ITALIAN HISTORY

Onsite Lessons & Field Trips to Medieval Towns



## CREATIVE PRACTICE

Arts & Crafts with local Florentine experts



## “MAMMA MIA!”

Tuscan Cooking Class



## NATURE AND MOVEMENT

Walk & Get Nurtured by Nature



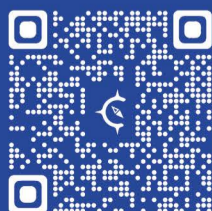
## ART THERAPY

The Art of the Here & Now

## CONTACT ME TO GET STARTED

[info@mywayexperiences.com](mailto:info@mywayexperiences.com)

WALK YOUR WAY!  
Adriana  
Herrasti Coqui



## MORE INFORMATION

You can live this Experience solo, with a companion or in a group.

We can also design an Experience customized to your needs.

You are welcome to visit our website for some lodging recommendations.

[www.mywayexperiences.com](http://www.mywayexperiences.com)

  [mywayxp](https://www.instagram.com/mywayxp)

